

Holmes Run Acres Recreation Association Rules & Regulations 2009

The Board of Directors has established these rules and regulations for the benefit and protection of all members and guests, to ensure safe and sanitary operation of the pool facilities and adjacent areas, and to provide enjoyable recreation for the members of the club and their guests. The Board of Directors may establish additional rules or modify these rules.

All members should become familiar with the provisions of these rules

Hours of Operation:

	* LOWER POOL	UPPER POOL
MAY 23 – JUNE 14 2009		
Weekdays	3 PM – 8:30 PM	Closed
Fridays	3 PM – 8:30	Closed
Saturdays	11 AM – 9 PM	12 PM – 7 PM
Sundays	11 AM – 9 PM	11 PM – 7 PM
Holidays	11 AM – 9 PM	12 PM – 7 PM
JUNE 15 – JULY 26		
Mon, Wed, Thur	11 AM – 9 PM	2 PM – 8 PM
Tue, Fri	11 AM – 9 PM	12:30 PM – 6:30 PM
Saturdays	11 AM – 9 PM	12 PM – 7 PM
Sundays	11 AM – 9 PM	11 PM – 7 PM
Holidays	11 AM – 9 PM	12 PM – 7 PM
JULY 27 – SEP 7		
Weekdays	11 AM – 9 PM	1 PM – 7 PM
Fridays	11 AM – 9 PM	1 PM – 7 PM
Saturdays	11 AM – 9 PM	12 PM – 6 PM
Sundays	11 AM – 9 PM	11 PM – 6 PM
Holidays	11 AM – 9 PM	12 PM – 6 PM
SEP 12 – SEP 13		
Saturdays	11 AM – 7 PM	Closed
Sundays	11 AM – 7 PM	Closed

**No swimming in Lower and Toddler pools 10 minutes prior to their closing times to allow lifeguards sufficient time to clean and secure the facility for the day.*

Day Memberships – Available at Front Desk, checks to HRARA or cash

Shareholder/Corporate members 20 Complementary

Additional purchase: \$6 each or 5 for \$25

Non shareholder member purchased separately \$6 each or 5 for \$25

Non member purchased separately \$8 (With Membership Chair Approval)

Use One day membership per individual.

Section I: Management

The Board of Directors has delegated to the Pool Manager the responsibility for day-to-day maintenance of order, safety, and cleanliness in and around the pool area; for supervising the operating staff; and for enforcement of the Rules, Regulations, and Fees established by the Board of Directors. The Pool Manager or his/her representative is in full charge of the pool facility at all times.

Section II: Enforcement of Rules and Regulations

The Pool Manager and the Pool Management Staff have responsibility for enforcing the rules and regulations; unsafe or annoying behavior will not be tolerated even if the individual is engaged in an otherwise permitted activity.

Parents are responsible for their children and must make them aware of all rules and regulations. Children shall observe all rules and obey all pool staff instructions. *Children and adults shall respect and cooperate with the Staff. The Pool Management Staff has the authority to suspend pool privileges for a period not to exceed the remainder of the swimming day and one full day thereafter. The Pool Manager may recommend to the Board of Directors, through the Director of Operations, suspensions for periods longer than one day. Members should refer grievances and complaints to the Director of Operations.*

Section III: Scheduled Events; Closing for Maintenance

- 1. A schedule of competitive swim events will be posted on the bulletin board at the pool entrance. Other swimming activities will be permitted in the available pool.*
- 2. The Pool Management Staff will close the pool if necessary to conduct maintenance. At such times, the Pool Management Staff will bar entrance to the pool enclosure unless an individual is authorized to enter by the Pool Manager.*
- 3. A schedule of social and other special events will be posted at least one week in advance. Members should check the bulletin board for specific information.*

Section IV: Identification and Admission to the Pool

- 1. Members will verify that the information contained in the membership roster maintained at the pool is accurate. The Pool Management Staff will maintain this roster and will admit persons whose names appear in the roster. The roster will show the following information:*
 - a. Names of all persons in the household and ages of only the children*
 - b. Home Address*
 - c. Home, work and emergency telephone numbers & email address(es)*
 - d. Ages of Senior Shareholders.*
 - e. Whether parental approval is granted for children to enter the pool area alone with a chaperone/Guardian/baby sitter who is 13 years of age or older.*
 - f. The number of complementary day memberships remaining available to the member.*
- 2. An adult member of the household is one who is 16 years of age or older.*

Section V: Day Memberships, Corporate Members, and Parties

- 1. The fee schedule for Day Membership is listed prior to Section I.*

2. *Members may purchase additional day memberships at the Pool front desk by check, payable to "HRARA" or cash*
3. *Day Members are subject to the same rules and regulations as members.*
4. *At the discretion of the Pool Manager or his/her representative, non-swimming adult guests in street clothes may enter the pool without charge.*
5. *To ensure access to the wooden decks, members wishing to use any of these decks and patios for parties of 10 or more people must make a reservation with the Activities Director at least seven days in advance. The Activities Director will maintain a calendar listing all reservations and may set a limit of no more than three reservations on a particular day. A group's reservation entitles it to the use of a wooden deck and one of the propane grills (\$5 charge) for the time specified. It does not restrict other members from using the second grill or any tables left unused by the group. . The wooden decks will not be reserved beyond 8:30 P.M. (7:30 P.M. on school nights) to allow for timely clean up and departure by the using group. Day Membership will be assessed for nonmembers. Parties will be responsible for removing their own garbage and recyclables from the facility.*
6. *Pool picnic area and decks and patios may be reserved for private parties past published closing hours with the approval of the board of directors through the Activities Director. The event must be supervised through its duration by the Activities Director and/or at least one board member who will be responsible for closing the facility at the end of the event. A lifeguard with a current pool operators permit must be secured through the pool management company for the additional hours. The fees for the lifeguard will be the responsibility of the private party hosting the event. Day membership fees will be assessed for nonmembers. The hosting party will be responsible for removing their own garbage and recyclables from the facility.*

Section VI: General Rules

1. *When both pools are open, the upper pool is primarily for lap swimming and parents with small children. No horseplay allowed.*
2. *The upper pool is for adults only (at least 16 years of age) on Saturdays from 4 pm until closing time and Sundays from opening until 3 pm.*
3. *Member parents and guardians may designate supervisory personnel (housekeepers, sitters, etc.) to accompany their children to the pool. Such supervisory personnel have pool privileges provided they are registered as the family's childcare provider/baby sitter and only when accompanying those children.*
4. *Children:*
 - a. *Swimmers and non-swimmers who are 10 and under must be supervised by a parent or guardian or by a responsible person designated by the parent or guardian who is at least 13 years of age.*
 - b. *Non-swimmers under the age of 6, or less than 4 feet tall, who use the lap or main pool, must be accompanied in the water by a parent or, by a*

responsible person. The parent or guardian or responsible person must remain within an arm's reach of the non-swimmer child.

c. Children over the age of 6 years may not use the toddler pool or the toddler playground area.

d. A 10 minute rest period is observed every hour in the lap and main pools. After 6 PM and when there are 15 or fewer swimmers in the pool the rest period may be suspended at the discretion of pool management.

Children under the age of 16 must exit the pool during this period.

5. The cost of repairing deliberate damage to signs, regulations, decorations, equipment, or ornamental plants will be charged to the responsible member parent. The Board may suspend pool privileges and may prosecute violators and trespassers.

6. Judicious use of alcoholic beverages is allowed. Individuals considered intoxicated will be refused access to the pool area or may be ejected from the facility.

7. Loud, abusive, or profane language and offensive playing of radios, tape players, etc., is prohibited. The Pool Manager may suspend privileges for repeated violations.

8. County regulations prohibit "animals, fowl, and pets" within the pool enclosure. This shall not apply to working dogs, such as seeing-eye dogs.

9. Lawn and deck chairs and tables shall not obstruct free access to the bathhouse entrances and to the Pool Manager's office. Lawn and deck furniture belonging to the pool will remain in designated areas. A clear walkway will be maintained along the edge of the pool.

10. Swimmers returning to the pool from the lawn areas must use foot showers.

11. All injuries occurring on the premises must be reported to the Pool Management Staff.

12. Loitering outside of the pool facility is not permitted.

13. Neither the Association nor the Pool Management is responsible for the personal property of members or guests. Unclaimed articles will be disposed of, at the Board's discretion, after notice has been posted. Pool members may claim lost articles that were turned in by giving the Pool Management Staff a reasonably accurate description of the article.

14. The Pool Management Staff is authorized to rope-off areas for certain groups or activities.

15. Pool decks for Individual pools that are not open for swimming will be open to adult members (16 years or older) only for sunbathing and other recreational activities (e.g., cards, reading, socializing).

Section VII: Health and Safety Rules and Regulations The Pool Management Staff shall have the final and conclusive authority to enforce all matters relating to health and safety. Staff may exclude any persons failing to observe health and safety rules.

1. County health regulations require all bathers to take a cleansing shower before entering the pool.

2. *Glass containers are prohibited on the pool deck. Plastic bottles and aluminum cans are permitted on the pool deck. Members should notify staff immediately of broken glass or spilled drinks so the pool area can be kept safe and clean.*
3. *Eyeglasses and sunglasses should be made of plastic or safety glass.*
4. *Running, pushing, wrestling, causing undue disturbance, and boisterous or rough play in or about the pool area are prohibited. Playing or loitering in the bathhouses is prohibited.*
5. *Chewing gum is not permitted in the pool area.*
6. *Eating is permitted only in the lawn areas, on the wooden decks and, on the patio areas. Smoking is not permitted in bathhouses, on the pool decks or our three wooden decks and patio areas. No smoking anywhere on the facility is permitted during swim meets in accordance with NVSL rules.*
7. *Any person having an obvious skin disease, nasal or ear discharge, inflamed eyes, or communicable disease shall be excluded from the pool area.*
8. *The use of approved life jackets, properly fitted and adjusted, may be permitted in the shallow end at the discretion of the Pool Management Staff. Lifeguards will check for proper fit and adjustment. No personal floatation devices are permitted in the deep end, the diving area, or off the diving boards.*
9. *A Person who fails to demonstrate the ability to swim will be restricted to chest deep or shallower water.*
10. *When weather, health, or safety conditions dictate that the pool area should be closed, the Pool Management Staff has the authority to close the pool and clear the pool area immediately (including the wooden decks, pool decks and picnic area).*
11. *Masks (plastic or safety glass), fins and snorkels may be permitted provided the user demonstrates the ability to use them properly.*
12. *Spitting, spouting of water, spurting, blowing the nose, etc., into the pool or onto the pool deck is a health violation and all are prohibited.*
13. *If a child is not toilet-trained, or if any person has recently suffered from diarrhea, the person or guardian shall take extra care to help keep the pools clean and free of e-coli contamination. Fairfax County health regulations require that we close and disinfect any pool contaminated with human waste. The disinfecting process can take hours, and in severe cases, it may be necessary to drain and refill the pool. In the case of the main pool, that would mean closure for several days and would cost your association several hundred dollars. Families with infants and toddlers are encouraged to use the baby pool to reduce the chance of an accident in the main pool. In all pools, infants and toddlers must wear approved swim diapers and plastic pants. Because of the inconvenience to everyone that goes with closing the pools, the staff may bar from the pools any child who has repeated accidents.*
14. *Only swimsuits are allowed in the pool. Cutoffs and street shorts are not permitted. Exceptions to non standard swim gear may be made for medical conditions. Children in approved swim diapers and plastic pants are also required to wear bathing suits. The Pool Manager shall have the authority to grant exceptions for training or solar protection purposes.*

15. Use of swimming aids (floats and rings), sponge rubber (Nerf-type) balls, and poolside basketball sets, and diving for objects are activities that are normally prohibited but which may be allowed by the Pool

Management Staff as indicated below. Tire tubes are never permitted anywhere in the pool. Rafts are permitted only during authorized "raft" parties. Noodles are permitted, except in the diving well, but may be barred by the pool staff if used improperly.

a. The Pool Management Staff may allow use of swimming aids (floats and rings with attached seat). Parents of children wearing such aids must be in the pool and within an arm's reach.

b. The Pool Management Staff may allow use of sponge rubber (Nerf-type) balls when conditions permit and if the ball itself is not deteriorating.

c. The Pool Management Staff may allow the use of poolside basketball sets if, in the judgment of the Pool Management Staff, they are used safely and if the enjoyment of the pool by other patrons is not jeopardized. Only volleyballs, water polo balls, and other soft material balls are permitted. Basketballs are not permitted. Shooting from the deck is unsafe and is prohibited.

16. Ladders are installed to facilitate exiting the pool. It is dangerous to walk down a ladder facing the pool. Backing down a ladder (i.e., facing the ladder) is permitted so long as it does not interfere with a person exiting the pool.

18. Aqua socks are permitted if put on at poolside.

19. Do not cross the lap lane except with permission of the lifeguard. Hanging or climbing on lane lines is prohibited.

20. Incident weather: The pool area (contiguous fenced area around all three pools) will be closed when thunder is heard or pool management sees lightening. The pool area will open again after a 30-minute waiting period from the last heard thunder clap or observed lighting. . During which time it is recommended patrons return to their vehicles to wait. During a rainstorm, a pool will be closed if the lifeguard cannot clearly see the bottom of the pool.

Section VIII: Rules Governing Diving

1. Diving is permitted only in designated areas. Diving is prohibited wherever the depth of water is less than four

feet. This shall not prohibit shallow racing dives by members of the swim team during meets.

2. The Pool Manager may close the diving boards when the pool is crowded in order that the membership and their guests may utilize the full area of the pool for swimming.

3. Divers must quickly clear the area below the boards and proceed directly to and exit the pool from the nearest ladder.

4. Do not dive until the previous diver has cleared the area below the boards and has reached a ladder.

5. Dive only from the front of the board. Diving from the side of a board is dangerous and not permitted.

6. Horseplay on a diving board is not permitted at any time.

7. Only one person is permitted on a board at a time.

8. *Only one person is permitted on the ladder to a board at a time.*
9. *Only one bounce per dive is permitted. No running on the diving board is permitted.*
10. *When the boards are open, the only swimming that is permitted in the diving well is directly to a ladder.*
11. *Masks and goggles are not permitted when diving from the diving board.*

Section IX: Parking and Driving

1. *Members are encouraged to walk or bike to the pool whenever possible.*
2. *Members and guests shall drive slowly and carefully in the parking area. Pedestrians always have the right of way.*
3. *From Memorial Day weekend to the last day of the Fairfax County Public School traditional closing, school buses will park on a designated area in our parking lot. Members are restricted from parking in this bus designated area while the school buses are parking on our lot.*
4. *Members are reminded to be extremely cautious on exiting and entering Gallows Road.*
5. *Members are requested to leave the pool area and parking lot promptly at closing time so that the Pool Management Staff may secure those areas.*
6. *Do not block any vehicle entrances to the parking lot or pool in order to allow access for emergency vehicles.*
7. *When Holmes Run hosts a swim meet, members are asked to park along the public curbs in the Holmes Run Acres Community to allow visitors to park in the pool parking lot.*
8. *HRARA is not responsible for loss, theft, or damage to vehicles brought onto the facility.*